

# 100KM in September 2025



# St John's Hospice

giftaid it

[illegible]



# St John's Hospice

## I'm raising vital funds for St John's Hospice!

| Full Name | Home Address<br>(Not your work address – this is essential for Gift Aid) | Postcode | <i>giftaid it</i> | Total Amount | Date Collected |
|-----------|--------------------------------------------------------------------------|----------|-------------------|--------------|----------------|
|           |                                                                          |          |                   |              |                |
|           |                                                                          |          |                   |              |                |
|           |                                                                          |          |                   |              |                |
|           |                                                                          |          |                   |              |                |
|           |                                                                          |          |                   |              |                |
|           |                                                                          |          |                   |              |                |
|           |                                                                          |          |                   |              |                |
|           |                                                                          |          |                   |              |                |
|           |                                                                          |          |                   |              |                |
|           |                                                                          |          |                   |              |                |
|           |                                                                          |          |                   |              |                |
|           |                                                                          |          |                   |              |                |
|           |                                                                          |          |                   |              |                |
|           |                                                                          |          |                   |              |                |
|           |                                                                          |          |                   |              |                |
|           |                                                                          |          |                   |              |                |
|           |                                                                          |          |                   |              |                |
|           |                                                                          |          |                   |              |                |
|           |                                                                          |          |                   |              |                |
|           |                                                                          |          |                   |              |                |

### HOW TO GET YOUR SPONSOR MONEY TO US:

**BY POST:** You can send us a cheque made out to St John's Hospice to Slyne Road, Lancaster, LA2 6ST. Please include your sponsor form. Please DO NOT send cash in the post.

**IN PERSON:** Pop into the Hospice on Slyne Road and hand your sponsor money in at our reception during office hours.

**TOTAL  
RAISED: £**

Details of person being sponsored. This box **MUST** be completed prior to submission.

Title: \_\_\_\_\_ Full Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Postcode: \_\_\_\_\_ Signed: \_\_\_\_\_

Parent/Guardian if under 16

Email: \_\_\_\_\_

Your support helps us to provide vital care to our patients and their families, and we look forward to keeping in touch with you by post and phone, sharing our news, activities and appeals. Can we also contact you via email?

☐

Yes, I'm happy to hear from you by email

Even if you have received our communications in the past, we'll make sure we honour the preferences you express here. If you would rather not hear from us, or would like to change how we contact you, please phone our Supporter Care Team on 01524 382538.

#### For Internal use, date and initial:

DF Number: \_\_\_\_\_

Amount Received: \_\_\_\_\_

Contact Preferences Processed: \_\_\_\_\_

Amount Processed: \_\_\_\_\_

Gift Aid Dec. Processed: \_\_\_\_\_

\_\_\_\_\_