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# Spain

## Camino de Santiago trek

Join us on a classic Camino de Santiago experience – trekking the last 100km of the famous Camino Frances (The French Way) section of the popular pilgrimage route. Trek across the green rolling landscapes of rural Galicia, meet fellow pilgrims, discover local traditions and enjoy the unique atmosphere – today the Camino is more than a pilgrimage but a remarkable journey and unique experience. Starting from Sarria, we trek for five days through charming villages, forests and rural countryside visiting many picturesque churches along the way. Our final destination is the magical Santiago Old Town, a wonderful UNESCO World Heritage site, home to the stunning Cathedral of Santiago de Compostela.



### CHALLENGE HIGHLIGHTS

- Explore the beautiful green rolling landscapes of rural Galicia
- Follow in the footsteps of thousands of pilgrims along the popular Camino Frances route
- Receive our pilgrim certificate at the Pilgrims Office in Santiago
- Enjoy a free day to explore Santiago de Compostela's Old Town – a UNESCO World Heritage Site, home to the Santiago Cathedral

### CHALLENGE OVERVIEW

- Dates: 10<sup>th</sup> – 17<sup>th</sup> October 2025
- Duration: 8 days
- Trekking days: 5
- Distance trekked: approx. 116km
- Accommodation: Hotels
- Challenge grading: Tough (2/3)

### ITINERARY

## Day 1

We depart the UK for Porto and transfer to Lugo, our overnight stay. Here we enjoy dinner and a good night's sleep before starting our way on the famous Camino Frances.

## Day 2 Sarria to Portomarin

After breakfast we transfer to Sarria to begin our trekking challenge to Santiago de Compostela! Our trek takes us through scenic villages, peaceful hamlets and shady oak woods passing many Galician traditional 'hórreos' (granaries) along the way. We enjoy some time to visit the beautiful Romanesque church in the village of Barbadelo before descending to Portomarin and taking our transfer back to our accommodation in Lugo.

Trekking distance – approx. 24km

## Day 3 Portomarin to Palas de Rei

After our transfer back to Portomarin, our day starts by crossing the Rio Miño, the longest river in Galicia before ascending up steadily towards Serra de Ligonde, passing the charming hamlets of Gonzar and Ventas de Narón. Along the way we visit the Romanesque Church of Santa Maria in Castromaior.

## Day 3 cont.

We continue up to Eirexe, home to a church with a Romanesque portal containing a sculpture of Daniel as well as Santiago de Peregrino inside. From here we descend to the village of Palas de Rei and take our transfer back to Lugo.

Trekking distance – approx. 25km

## Day 4 Palas de Rei to Arzua

Our day starts with a transfer to Palas de Rei. Today the Camino continues downhill passing the charming villages of Casanova and Leboeiro. We continue to Melide where we have the option to enjoy octopus, a local delicacy! From here we cross several small streams and follow a forest track bringing us to the village of Boente and the church of Santiago. Next, we trek through the medieval hamlet of Ribadiso and arrive in the town or Arzúa, famous for its local cheese. Here we have time to relax and explore the old town, including the idyllic churches of Santa María and A Magdalena. At the end of the day, we transfer to our accommodation on the outskirts of Santiago.

Trekking distance – approx. 30km



## ITINERARY

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### Day 5 Arzua to Amenal

Following breakfast, we transfer back to Arzua and continue through beautiful woods, sleepy villages and across small streams. The chapel of Santa Irene with its unique statue of Santiago is one of the beautiful sights we will see along the way. We continue through the lovely hamlet of Rúa along calm country roads and forest tracks to Amenal, where we transfer back to our accommodation on the outskirts of Santiago our overnight stay.

Trekking distance – approx. 21km

### Day 6 Amenal to Santiago

The final day of our 'French Way' challenge. Our first destination is Lavacolla, set along the outskirts of Santiago where pilgrims used to wash themselves in the river in preparation for their arrival to Santiago de Compostela. From here rows of tall eucalyptus trees line our journey to Monte do Gozo – and it is from here that we will catch our first glimpse of the spires of the cathedral of Santiago. Reaching our destination, we reflect on our triumph over the last few days and enjoy the sights of Santiago's Old Town – a UNESCO World Heritage Site, boasting stunning architecture and a fantastic atmosphere. Tonight, we stay at a hotel in the heart of Santiago.

Trekking distance – approx. 16km

### Day 7 Santiago

Today we have a free day to explore Santiago – visit the cathedral or soak up the surroundings in one of the many bars or cafes. An optional day trip to Cape Finisterre is available, taking us from Santiago de Compostela to the traditional finish location of the pilgrims' Camino journey. Along the way we will enjoy the sights of the Ézaro waterfall and the charming coastal village of Muxía.

### Day 8

Transfer to Porto where we depart for the UK and continue our onward journeys home.

*(Itinerary correct at time of printing, and strictly subject to change)*





## Costs, service levels and deposits

Each participant registers directly with Global Adventure Challenges at a cost of £299.00, non-refundable.

In addition to the registration fee, you then have one of the following options:-

**Option A – Minimum Sponsorship = £3,698**  
80% (£2,958.40) to be raised no later than 18<sup>th</sup> July 2025.  
100% to be raised by 10<sup>th</sup> October 2025.

**Option B – Self-funding = £1,849**  
To be paid directly to Global Adventure Challenges by 18<sup>th</sup> July 2025.

You also commit to raising £1,849, which is to be received by the charity no later than 10<sup>th</sup> October 2025.

### Included

- Return flights from Manchester to Porto including all airport taxes and fuel surcharges
- All transfers
- All accommodation
- Meals (breakfast, lunch and dinner) starting with dinner day 1 through to breakfast day 8 except lunch day 7

### Included cont.

- Professional English-speaking local guide/s for trek per 20 pax
- Global Adventure Challenges Leader from UK
- UK Dr to travel with group
- Support vehicle with GAC driver
- Medal per person

### Not included

- Travel insurance
- Alcoholic drinks
- Tips and gratuities
- Lunch on day 7



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