



Moonlight Walk 2024 FAQs

If you cannot find the answer to your query below, please call the Fundraising Team on 01524 382538 and we will be happy to help

- Q What is the Moonlight Walk?**
The Moonlight Walk is a 15km sponsored walk through the night in Lancaster and Morecambe. The idea is to get together with friends and family and walk the street under moonlight to remember loved ones we have lost.
- Q When and where is the Moonlight Walk?**
The event will take place on Saturday 15th and will start and finish from St John's Hospice Slyne Road Lancaster LA1 2ST
- Q What if I haven't lost a loved one at the Hospice or anyone at all, can I still take part?**
Of course you can, the event is open to all! The Moonlight Walk is about remembering all who we have lost, with or without a connection to St John's Hospice. The event is also a wonderful way to get together with friends and family to support your local hospice and local community.
- Q How do I sign up?**
You can sign up via our website here – www.sjhospice.org.uk/moon
Alternatively, you can call the hospice on 01524 382538
- Q When will registrations close?**
Online registrations will close on Friday 14th of June. However, you will be able to sign up on the night from 8pm
- Q How much is it to take part?**
We are offering an exclusive 25% discount from the 18th of January until 29th February for £15pp.

From the 1st of March it will then be £20pp to sign up for the event
- Q How old do you have to be to take part?**
Walkers need to be 11 years or over on the date of the event. Anyone who is under 18 must walk with a responsible adult (over 18)
- Q It used to be a female only event, is it the same this year?**
We are happy to say for the third year the Moonlight Walk is open to all genders and not just women.



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- Q How do we all set off?**
As there is only one route this year, everyone will set off at 10pm.
- Q How long will it take me to complete the 15km route?**
Everyone walks at different paces and that's okay! It can take anywhere between three and four hours to complete.
- Q I heard we will be heading up to Lancaster Castle?**
Yes, that's right! We are over the moon to gain permission from the Duchy of Lancaster to take the route up and into the Castle Courtyard after dark. The castle will be lit up St John's Hospice green for one night only, to remind everyone why they are taking part. There will also be an experience inside for people to get involved in.
- Q Do we have to extend our walk and go up to Lancaster Castle?**
You do not have to head up there, you can simply just carry on down Morecambe Road however if you can we really do recommend you visit.
- Q What is the route this year?**
The route will be in reverse this year. You will turn right out of the Hospice and down Slyne & Owen Road to Ryelands Park. Cross over on Morecambe Road onto the cycle track and over Millenium Bridge onto Damside Street and up Bridge Lane. From Judges Lodgings you will make your way up to Lancaster Castle. Once you're finished there you will make your way back down the way you came and join the route on Morecambe Road. From there you will walk past the bypass to Shrimp roundabout then down Broadway. As you join the Promenade you will turn right and walk down to the old VVV site. You will walk along Coastal Road until you hit the Bolton le Sands traffic lights and turn back down and walk toward the Hospice.
- Q Is the route accessible?**
We try our best to make the route as accessible as possible for our Supporters. We believe the only issue that may arise is the cobbles up to Lancaster Castle on an incline. We ask any wheelchair users or anyone who may struggle prior to the event and assess the area and make an informed decision. The rest of the route is on a flat surface. Prior to the event we do flyer the area to give advance notice to local to ensure vehicles or objects are not obstructing the pavement.
- Q What if I get tired, hurt or simply just cannot complete the walk?**
We will be constantly patrolling the route with a First Aider on board. If you require assistance let a marshal know, they will contact the hospice and our team will come and get you.



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- Q Will I be safe?**
We have marshals at every major junction and road crossing. There will also be marshals walking and cycling along with you. They all have mobile phones. Local authorities and services have been informed about the event. have been informed. Some stretches of the route have minimal/no street lighting. It is advisable to bring a torch for these areas. Please ensure you stick to the official route which will have marshal cover for your own safety.
- Q Can I bring my dog?**
Yes, however it is a little different this year. As the route takes you up to Lancaster Castle, dogs are **not allowed** in the Castle Courtyard. We suggest As a group to take turns waiting with your dog outside of the gates. Please ensure dogs are on short leads and please respect other people on the walk.
- Q Where do we park?**
There will be no parking available on site in the St John's Hospice carpark. However, there will be parking available next door at Beaumont College on a first come first serve basis. We would also encourage car sharing to reduce traffic congestion to the local area.
- Q Will there be toilets available?**
There will be portaloos available onsite at St John's Hospice. There will also be toilets available on route at Lancaster Castle and at the old VVV location.
- Q What should we wear?**
We will be providing you with an exclusive 2024 Moonlight Walk T-shirt to wear. We think a comfortable pair of trainers is the best footwear to wear. However, if you buy new footwear for the event please ensure you break them in beforehand. As we cannot predict the weather please keep an eye on the forecast leading up to the event. For example, if the weather is going to be hot, ensure you bring enough fluids or appropriate clothing if rain is due.
- Q Where do we get our t-shirts from?**
Each participant/group booking will receive a participant bag ahead of the event. These will include the Moonlight Walk t-shirts we provide including in your ticket purchased. They will be available to collect from Monday 3rd of June at our St John's Reception Slyne Road LA2 2ST. If you sign up after 3/6/23 please allow at least 2-3 working days to collect your bag. If you do not collect your bag there will be a bag collection area in the Event Village on the day of the event.
- Q Can I write a message on my t-shirt?**
Of course, you can there is a space on the back of your t-shirt to write on. This can be a name of somebody you have lost, an inspiring quote or add photos.



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Q Where can we buy accessories for the event?

There will be a stall to buy accessories from in the Event Village on the night of the event. We will not be selling accessories in reception prior to the event.

Q Do I need to bring any money with me on the night?

Yes – there will be plenty to do and buy on the evening so please bring cash, we will also take card payments.

Q Will you be providing food and refreshments?

We will be providing water bottles pre and post event for you but we do recommend bringing your own water supply also. As you cross the finish line there will also be a glass of celebratory fizz waiting for you!

This year we will not be providing food for you however there will be plenty of vendors to purchase food from in the event village.

Q Can I bring sponsorship money on the night?

Yes, you can bring in any sponsorship money you have raised on the night of the Moonlight Walk. It is **vital** you ensure the money is in a sealed envelope with the following details and hand into the 'sign up desk' before you start the walk:

- Fundraiser full name
- Address
- Contact number
- Contact email

Q Can we claim Gift Aid on our sponsorship money?

If you're choosing to raise cash donations for us we advise for you to use the paper sponsorship form that is downloadable to print. When your friends, family and colleagues sponsor you to take part, if they pay tax in the UK in anyway (this is not only on their salary but on their savings, pension or investments), we can claim Gift Aid on their individual donation. The Gift Aid column appears on the right-hand-side of the sponsor form so please encourage your sponsors to tick this if they pay tax in the UK. They must also give their full name, HOME address (we cannot claim Gift Aid when a work address is given), postcode and amount. We can then claim an extra 25p for every pound they donate so it is worth taking the time to do this!

