



## Built by the people, for the people

St John's Hospice is a local charity. We support patients and families from Grasmere to Garstang, from Sedbergh to Morecambe, at home and in the Hospice. We are specialists in palliative and end of life care, bringing care, compassion and support to patients with life shortening conditions.

### Specialists in palliative care

Our experienced team of specialists work together with our patients in the Hospice and in their homes as well as with their families, to make sure your community receives the care and support they need. With over 37 years of experience and expertise and our CQC rating of Outstanding you and yours are in good hands.

### Our services include



Inpatient Ward



Clinical Nurse Specialists



Hospice at Home



Palliative Respite Day & Night Sitting



Day Therapies



Family & Bereavement Services

### Contact and connect with us

Tel: 01524 382538

Slyne Road, Lancaster, LA2 6ST

[sjhospice.org.uk](http://sjhospice.org.uk)



# 3 ways to help, get involved & support your local hospice



# St John's Hospice

St John's Hospice is a charity. The care we provide to patients and families is free of charge, but it is not cost free to deliver. Around a third of our funding comes from the local NHS, the remaining two thirds comes from people like you in our community.

There are many different ways you can support your local Hospice. A donation of any size will make a positive difference - it means we can work around the clock supporting patients and families during one of the most difficult times people face.

Here are some of the ways you can support the work of our staff, who work tirelessly to provide care, compassion and support 24 hours a day, 7 days a week, 365 days a year.



## 1

### *Activities for your family and friends*

St John's organises a range of fundraising activities and events to suit individuals and families whatever your fitness level and whatever your hobbies are.

You can enjoy yourself and support a great cause whether it's a walk, race, trek, afternoon tea, visiting our shops or more - the choice is yours.

## 2

### *Easy ways to contribute*

It's easy to support your local hospice from home: a small amount each month can support our vital work. Choose to play our lottery from only £1 a week or make a regular gift with our Regular Giving scheme.

You can also leave a gift in your Will to ensure the work of St John's continues - it is simple to set up, one of our partner solicitors or your own can help.

## 3

### *Donations*

Making a simple donation to St John's Hospice is a great way to ensure that our care can continue. Simply visit our website [www.sjhospice.org.uk/donate](http://www.sjhospice.org.uk/donate) to donate directly to us by card. Alternatively, donations can be made via a cheque to 'St John's Hospice'.

Visit our website for more information, to donate or join in:

[www.sjhospice.org.uk/fundraising](http://www.sjhospice.org.uk/fundraising)  
or email [fundraising@sjhospice.org.uk](mailto:fundraising@sjhospice.org.uk)