

## Garstang Colour Dash 2019 Terms & Conditions

Having completed your entry form you are deemed as having read and accepted the following Terms and Conditions of entry. You also accept that you have read all of the information given to you in the Event Pack:

- This is a fundraising event for St John's Hospice (Charity Number 1157030). Your entry fee only covers the cost of organising the event. Therefore, you are strongly encouraged to either **raise sponsorship money** or to make a personal donation. (£30 for each individual or £50 for a family group.)
- You must start from the designated area. You may not start from any other location. This applies to all participants.
- All participants must complete an official Garstang Colour Dash 2019 registration form or online form in advance of the event. The **closing date** for registration is strictly noon on **07/05/2019**. St John's Hospice reserves the right to close registrations early. The registration fee is non-refundable.
- At the discretion of the event organisers an 'on the day' sign up policy may be initiated. This is entirely dependent on the total number of existing participants. There is no guarantee implied that an entry place will be available to you if you turn up 'on the day'.
- You will be given an official Garstang Colour Dash runner number, which you must pin onto the front of your clothes. Please ensure that it is visible at all times for safety reasons.
- The **minimum age** for participants of the Garstang Colour Dash is **5 years old**. Anyone younger than this will not be able to take part in the event as they will not be covered by our insurance. Any participant who is aged under 16 years old must be accompanied by a responsible adult who is also registered for the event and agrees to accompany the younger participant at all times. The adult must fill out the registration form on their behalf and take full responsibility for their participation and safety. No alcohol or illegal substances are to be consumed whilst on the event.
- On the day, if you are unable to complete the event it is imperative that you inform a marshal along the course.
- We ask that you **return all of your sponsorship**, or personal donation, money **by 7th July 2019**. Please do not bring any sponsorship monies with you on the day of the event. Any online money will already be allocated to the hospice.
- We kindly request that the **coloured powder is only thrown in the designated colour zones** along the route. This is to help us with the clean-up.
- In the unlikely event of severe weather, the event will be postponed and held at a later date.
- Whilst on the Garstang Colour Dash all participants are asked to follow the marshals' instructions. They are there to keep you safe.
- All participants are requested to be aware and considerate of the general public whilst on the route for this event, as it is being held on a public footpath.
- A thorough Risk Assessment is completed by the Garstang Colour Dash event organisers in advance of the event. Qualified first aiders, back walkers and marshals will be roaming the course. If you do suffer an injury or loss during this event, St John's Hospice and any of the associated sponsors will not be held responsible. All participants will be participating at their own risk and are asked to take care when running or walking and ensure they are equipped with suitable provisions, clothing and physical ability. There are no 'return lifts' available via support vehicle should you choose to drop out.
- Event registration fees, personal donations and merchandise fees are **non-refundable**.
- To capture the excitement on the day we will have professional photographers taking photos, some of which may be used for publicity purposes. Having completed your entry form, you are deemed as accepting that your photograph may be used in Hospice or local press materials.
- No dogs are permitted to take part in the event. This is because they may become a hazard to participants who choose to run the course. There will also be powder paint being thrown – although the powder is thought to be safe for dogs we cannot verify this.

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- You are not permitted to use any of the sponsor money that you raise in relation to the Garstang Colour Dash to pay for your expenses. If you do not pass on all the money you raise to St John's Hospice you may be committing a criminal offence.
- School & youth groups who take part must have adequate adult supervision.
- This is not a timed event or a race, be aware that there are many different ages and abilities attending so please be courteous to all participants and non-participants.
- The **powdered paint** used at the Garstang Colour Dash is food grade corn starch which is **not hazardous** and is approved as safe for its intended use by the FDA. That said, there are a few bits which you are advised to **read for your own safety**:
- **Appropriate clothing** must be worn. Please be aware that the powder should wash off, however we cannot guarantee this and advise wearing old clothes and trainers in case of staining.
- The powdered paint is not suggested for ingestion. If you do accidentally swallow some then stop and drink plenty of water
- Being a dry powder, the paint may cause some irritation but it is not an irritant.
- You are encouraged to wear sunglasses for eye protection during the event. If paint should get in your eye, remove contact lenses (if applicable) and flush with plenty of water.
- If you have allergies to artificial colouring then speak with your doctor about exposing yourself to the paints first. The Material Safety Data Sheet for the powdered paint is available upon request by calling the Fundraising Team on 01524 382538.
- If you have any pre-existing medical conditions, don't forget to bring any necessary equipment on the day. For example, asthmatics may wish to bring their inhaler.
- You are responsible for your own equipment. You may want to wrap cameras/phones in plastic bags to ensure that they do not get covered in powdered paint!

These terms and conditions apply to everyone who takes part and also those who attend as spectators.