

St John's Hospice



DAY THERAPY TIMETABLE OF ACTIVITIES

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
morning	<p>HOSPICE DROP IN with Move it or Lose It exercises and crafts 10.00 - 12.30</p> <p>and</p> <p>MIND MATTERS CLINIC 10.00 – 16.30</p>	<p>PALLIATIVE CONSULTANT CLINIC 09.00 - 17.00</p>	<p>AIRWAYS DROP IN (starts Feb 2019 - 1st Wednesday each month) 10.00 - 12.00</p> <p>and</p> <p>MND CLINIC (3 monthly) 09.00 – 13.00</p>	<p>DAY HOSPICE 10.00 –15.00</p>	<p>PARKINSON'S DISEASE SUPPORT GROUP 10.00 – 12.00</p>
afternoon	<p>FAB GROUP 13.30 - 15.00</p> <p>and</p> <p>MIND MATTERS CLINIC cont.</p>	<p>POSITIVE LIVING GROUP 09.30 - 12.00</p> <p>or</p> <p>FAB GROUP For patients with COPD 13.30 – 15.00</p> <p>and</p> <p>PALLIATIVE CONSULTANT CLINIC cont.</p>	<p>COPD PROGRAMME 13.00 - 15.00</p>	<p>DAY HOSPICE cont.</p>	<p>RELAXATION FOR HEALTH AND WELLBEING GROUP 13.30 - 15.00</p>
other	<p>COMPLEMENTARY THERAPY (CT) APPOINTMENTS BY ARRANGEMENT - Weekdays</p> <p>TEA AND SUPPORT: Bereavement support group - Second Sunday of every month 13.00 - 15.00</p>				