



The care we provide at St John's Hospice is free of charge to patients and families, but it is not cost free.

We receive 30% of our core funding from the NHS, for the remaining 70% we rely on our amazing local community and fundraising efforts.

We need your help...

If you would like to help St John's by donating some money, some time, support, goods for our shops or anything at all that you think could help us, please don't hesitate to get in touch.

Contact us:

Tel: 01524 382538

www.sjhospice.org.uk

Slyne Road, Lancaster, LA2 6ST

Follow us on social media:

 **SJHOSPICE**  **@SJHOSPICE**



ST JOHN'S HOSPICE



Outstanding ☆



St John's Hospice

Information and Services

Caring for our community
Every hour of every day since 1986



Built by the people, for the people

www.sjhospice.org.uk

Built by the people, for the people

www.sjhospice.org.uk

St John's Hospice North Lancashire and South Lakes is a charitable incorporated organisation registered in England with charity number 1157030

Slyne Road, Lancaster, LA2 6ST Tel: 01524 382538 Charity Number 1157030

An Introduction to Our Services

St John's Hospice is a local charity. We have been supporting patients, families and the wider community in North Lancashire and the South Lakes since 1986. Serving a population of over 250,000 people, we are specialists in palliative care for a wide range of life shortening conditions.

Specialists in Palliative Care

Palliative care focuses on providing patients with relief from symptoms and end of life care. Having a life shortening condition does not mean that quality of daily life should suffer. Our experienced team of specialists work together with our patients to make sure they are getting the care and support they need to live their life the way they want to, as much as possible.

Our Support Team

As part of our holistic approach to palliative care, patients have the support of a wide range of experienced, professional staff as well as our wonderful team of volunteers, all dedicated to making sure patient needs are met.

Occupational Therapy

Physiotherapy

Spiritual Support

Neighbours Network

Social Work

Complementary Therapy

Help Through Bereavement

Support Groups

...and more

In-Patient Unit

Our in-patient unit provides a high standard of specialist palliative care and support around the clock, 365 days of the year, for anyone aged 18 years and over.

Patients come to us for symptom management, treatment and end of life care. Our team of dedicated healthcare professionals are on hand to offer comfort, support and the highest standards of care.

Day Hospice at The Oak Centre

Our Day Hospice provides a place for people to come and talk to others going through similar experiences to them, make friends, take part in group exercises or perhaps relax with a complementary therapy session. The aim is to enhance quality of life and to promote independence as far as possible.

Day Hospice supports patients and families with a wide range of life shortening conditions. In addition to cancer there are some condition specific support sessions available.

Hospice at Home

Our Hospice at Home team is a dedicated unit of healthcare professionals who visit patients in the comfort of their own home to offer expert palliative care at the end of life. Offering symptom management, support and advice, the team are there to help both the patient and their family.

Working in partnership, the team work around the clock, 24 hours a day, 7 days a week offering first class care and giving extra comfort and support to patients and families when they need it most.

They also offer a night sitting service in some parts of the South Lakes; experienced healthcare assistants support patients through the night allowing family members to get much needed rest.

The team travel as far as Garstang in the south, Sedbergh in the east and Ambleside in the north meaning that their skills reach into all corners of our community, every single day of the year.

What do people say about St John's?

Here are a few simple sentences that our patients have said about us:-

"I can't put into words, how grateful my family and I are for the care and love they gave to my husband, and to the understanding given to me."

"The love & care he was given was wonderful. His last days passed in peace and tranquility."

"Without your caring nature I don't know how we would have got through the days. You truly are incredible people with hearts of gold, who go above and beyond your job role."

Referrals

If you would like to be referred for any of our services, or know someone who you think would benefit from them, please call 01524 382538 or visit our website www.sjhospice.org.uk.